

Snacks

At BNS parents are asked to take turns providing snacks and snack supplies for their child's class about once every month. You are requested to provide a **healthy, store-bought snack** to serve all the children in the class.

Snack assignments will be printed on monthly calendars or on a separate snack schedule. Sometimes teachers will ask for a specific snack that ties in with the theme of the day. If no specific snack is requested, then what you bring is your choice. Please remember to choose a healthy, store-bought snack. We do have access to a refrigerator, freezer, and microwave. We are happy to do a little preparation of the snack if needed.

Suggested snack list

3- and 4-year-old classes	2-year-old classes
<ul style="list-style-type: none"> • Fresh fruit (teachers will cut) • Fruit Cups • Apple Sauce • Raisins or Craisins • Fresh vegetables with dip • Fruit snacks • Cheese • Yogurt (child size, go-gurt, pouches, etc.) • Dry cereal-nothing with added sugar • Pretzels • Goldfish • Graham Crackers • Animal Crackers • Veggie Straws • Puffed Snacks (Pirate Booty) 	<ul style="list-style-type: none"> • Fresh fruit (teachers will cut) • Fruit pouches • Cheese • Yogurt (pouches or melts only) • Dry cereal-nothing with added sugar • Pretzels • Goldfish • Graham Crackers • Animal Crackers • Veggie Straws • Puffed Snacks (Pirate Booty) <p style="text-align: center;"><i>Please be sure to check age restrictions on anything you choose to purchase</i></p>